

**Part-time**

Level 8

Online



Certificate in

# Meeting the Challenge of Challenging Behaviour



## About

This course supports family carers to develop and implement comprehensive Behaviour Support Plans for people who present with challenging behaviours. The course will examine the model of positive behaviour support; proactive vs reactive strategies; examine the causes of challenging behaviour; and examine non-aversive and evidence-based positive behaviour approaches.

### On successful completion of the course, the learner should be able to:

- Recognise and understand the causes of challenging behaviour
- Conduct a comprehensive behaviour assessment
- Design a multi-component positive behaviour support plan
- Implement, review and evaluate support plans.

### Subjects:

- Self - Awareness
- Supervision
- Ethical Responsibility
- Mentoring
- Implementing a Positive Behavioural Support Model

### Duration

12 weeks

### Dates

Course commences Tuesday 14<sup>th</sup> January 2025 (10.30am – 1.30pm).

### Fees

Free. Course is fully funded by the 'Supporting Family Carers Across Ireland' Project.

### Who is this course designed for?

This programme is aimed at family carers.

### Entry Requirements

All applicants will be considered on a case-by-case basis. Lifelong Learning reserves the right to require applicants to attend for an interview to determine their suitability for the programme.

### How do I apply?

To apply, contact Deirdre Geoghegan at [training@familycarers.ie](mailto:training@familycarers.ie)

### Further information

[setu.ie](https://familycarers.setu.ie)  
<https://familycarers.setu.ie>  
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