



Family Carers Ireland

No one should have to care alone

Emergency Scheme

Social Story



This leaflet explains the Family Carers Ireland Emergency Scheme.



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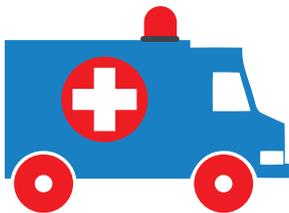




Sometimes the person who cares for me at home - like **my mum or dad** - may need to **go to hospital**.



Sometimes they know before they need to go and they can **plan the trip**.



Sometimes it might be an **emergency**.



They want to make sure **I am safe** and looked after if they go to hospital in an emergency.



So the person who cares for me wants to **join** the Family Carers Ireland Emergency Scheme.



Family Carers Ireland is a charity that **helps** people.



If they join the Family Carers Ireland Emergency Scheme, they fill out a plan all about **me**.



I can help them to write the plan if I want to.



The plan is about:

- what I can do on my own.
- what help I need.



As part of the plan we name other **people** who could care for me in an emergency.



Sometimes this might be **a person I know**.



Sometimes it might be a Garda and/or two volunteers that will **visit me**.



To let people know they are in the scheme, the person who cares for me **gets an emergency card**.



They will keep this card in their **wallet, purse or pocket**.



If there is an emergency someone will find the card and **phone** the number on the card.



The person who answers the phone will make sure that someone comes to **care** for and **support** me.



Sometimes they might need to take me to the **hospital** for a few days.



Sometimes I will be able to stay at **home**.

DON'T



I don't need to worry because the people who will come to help me will make sure I am safe.



They will know how to help me because it is **in the plan**.



When the person who usually cares for me is better, **they will come home** again.