

# FAMILY CARERS IRELAND CONTACT DETAILS

Family Carers Ireland  
The Involvement Centre  
St Dymphna's Hospital  
Athy Road  
**Carlow**  
**Co. Carlow.**  
R93 DE62  
0860081464

Family Carers Ireland,  
Realtog Centre,  
**Kilnaleck,**  
**Co. Cavan.**  
A82 V9W7  
Tel: 049 4374544

Family Carers Ireland,  
2 Carmody Street  
Business Park,  
**Ennis, Co. Clare**  
V95 NX33  
Tel: 065 6866515

Cork-Crystal Project,  
Mallow Health Care Centre,  
**Mallow,**  
**Co. Cork.**  
Tel: 022 58727

Family Carers Ireland,  
9 Tuckey Street, **Cork.**  
T12 WF2P  
Tel: 021 4806397

Family Carers Ireland,  
Networking Dublin 15,  
Buzardstown House,  
**Mulhuddart,**  
**Dublin 15.**  
D15 Y361  
Tel: 086 0213798

Family Carers Ireland,  
Unit 1,  
Hibernia Building,  
**Heuston South Quarter,**  
**Dublin 8.** DO8 AO28  
Tel: 01 6705976

Family Carers Ireland,  
Barrack Street,  
**Loughrea,**  
**Co. Galway.**  
Tel: 091 880418

Family Carers Ireland  
St. Jarleths Court,  
The Glebe,  
**Tuam,**  
**Co. Galway.**  
H54 HP08  
Tel: 09370022

Family Carers Ireland,  
Tralee CDP,  
Rock Business Park,  
Rock Street,  
**Tralee,**  
**Co. Kerry.**  
V92 WR9P  
Tel: 066 71 21399

Family Carers Ireland,  
HSE Primary Care Centre,  
1st Floor Aras Slainte,  
Station Road,  
**Newbridge,**  
**Co Kildare.**  
W12 XD45  
Tel: 086 0213749

Family Carers Ireland,  
Unit 1,  
Springhill Offices,  
**Waterford Road,**  
**Kilkenny.**  
R95 AW26  
Tel: 056 7721424

Family Carers Ireland,  
Unit 1,  
George's Quay House,  
**George's Quay,**  
**Limerick**  
V94 CK06  
Tel: 061310434

Family Carers Ireland,  
MOSAIC Centre,  
The Harlequin Plaza,  
Garvey Way,  
**Castlebar, Co. Mayo.**  
F23 X821  
Tel: 094 9060305

Family Carers Ireland,  
Outreach  
**Co. Meath.**  
Tel: 086 3886970

Family Carers Ireland,  
The Lodge, St. Mary's Hospital,  
**Castleblayney, Co. Monaghan.**  
A75 TD61  
Tel: 042 9754856

Family Carers Ireland,  
Market Square,  
**Tullamore, Co. Offaly.**  
R35 PW50  
Tel: 057 9370216

Family Carers Ireland,  
Castle Street, Roscommon Town,  
Co. Roscommon. F42 RP21  
Tel: 090 6627698  
Family Carers Ireland,  
No 9 Castle House,  
**Castle Street, Sligo.**  
F91 EKNO  
Tel: 071 9143123

Family Carers Ireland,  
8 Sarsfield Street,  
**Clonmel, Co. Tipperary.**  
E91 H3EO  
Tel: 052 6170454

Family Carers Ireland,  
Confederation House,  
Waterford Business Centre,  
**Cork Road,**  
**Co. Waterford.**  
X91 E9TV  
Tel: 051 394566

Family Carers Ireland,  
5 St. John's Terrace,  
Blackhall, **Mullingar,**  
**Co. Westmeath.**  
N91 WP38  
Tel: 044 9347922

Family Carers Ireland,  
**22 Henrietta Street,**  
**Wexford.** Y35 WC59  
Tel: 053 9140511

Family Carers Ireland,  
Little Bray Family Resource &  
Development Centre,  
Ard Chualann, **Bray,**  
**Co. Wicklow.** A98 VH99  
Tel: 086 8189041

# USEFUL CONTACTS

## A

### Active Retirement Ireland

Tel: 01 8733836

Web: [www.activeirl.ie](http://www.activeirl.ie)

### Age Action

Tel: 01 4756989

Web: [www.ageaction.ie](http://www.ageaction.ie)

### Age & Opportunity

Tel: 01 8057709

Web: [www.olderinireland.ie](http://www.olderinireland.ie)

### Age NI

Tel: 028 90245729

Web: [www.ageuk.org.uk/northern-ireland](http://www.ageuk.org.uk/northern-ireland)

### Ageing Well Network

Tel: 01 6127040

Web: [www.ageingwellnetwork.ie](http://www.ageingwellnetwork.ie)

### Alone

Tel: 01 6791032

Web: [www.alone.ie](http://www.alone.ie)

### Alzheimer's Society of Ireland

Tel: 1800 341 341

Web: [www.alzheimer.ie](http://www.alzheimer.ie)

### Arthritis Ireland

Tel: 1890 303 302

Web: [www.arthritis.ie](http://www.arthritis.ie)

### Aware

Tel: 1890 303 302

Web: [www.aware.ie](http://www.aware.ie)

## B

### Bethany Bereavement Support Group

(No charge for service)

Tel: 087 9905299

Web: [www.bethany.ie](http://www.bethany.ie)

## C

### Care Alliance

Tel: 01 874776

Web: [www.carealliance.ie](http://www.carealliance.ie)

### Careplus Pharmacy

Web: [www.careplus.ie](http://www.careplus.ie)

### Citizens Information Services

Tel: 1890 777121

Web: [www.citizensinformation.ie](http://www.citizensinformation.ie)

### Console

Tel: 1800 201 890

Web: [www.console.ie](http://www.console.ie)

### Crime Victims Helpline

Freephone 116006

Text: 0851337711

Web: [www.crimevictimshelpline.ie](http://www.crimevictimshelpline.ie)

### Cross Care

Tel: 01 8360011

Web: [www.crosscare.ie](http://www.crosscare.ie)

## D

### Dementia Services Information & Development Centre

Tel: 01 4162035

Web: [www.dementia.ie](http://www.dementia.ie)

### Department of Health & Children

Tel: 01 6354000

Web: [www.dohc.ie](http://www.dohc.ie)

### Department of Social Protection

Tel: 1890662244

Web: [www.welfare.ie](http://www.welfare.ie)

### Disabled Drivers Association

Tel: 094 9364054

Web: [www.ddai.ie](http://www.ddai.ie)

### Disability Federation of Ireland

Tel: 01 4547978

Web: [www.disability-febderation.ie](http://www.disability-febderation.ie)

### Downs Syndrome Ireland

Tel: 01 4266500

Web: [www.downssyndrome.ie](http://www.downssyndrome.ie)

## E

### Emergency Response Personal Alarms

Tel: 1850 247 999

Web: [www.emergencyrespo nse.ie](http://www.emergencyrespo nse.ie)

### Euro Carers

Tel: 0032 (0)27412405

Web: [www.eurocarers.org](http://www.eurocarers.org)

# USEFUL CONTACTS

## F

### **Friends of the Elderly**

**Tel: 01 873 1855**

*Web: [www.friendsoftheelderly.ie](http://www.friendsoftheelderly.ie)*

## G

### **Grow**

*Tel: 1890 474 474*

*Web: [www.grow.ie](http://www.grow.ie)*

## H

### **Health Service Executive**

*HSE Info Line: 1850 24 1850*

*Web: [www.hse.ie](http://www.hse.ie)*

### **Health Promotion Departments**

#### **HSE South**

*Cork 021 4921641*

*Wexford 053 235 22*

*Kilkenny 056 7761400*

*Waterford 051 842 911*

*Carlow 059 9143630*

*South Tipperary 052 6177327*

#### **HSE West**

*Galway 091 5483208*

*Limerick City 061 483203*

*Limerick County 069 61430*

*Clare 065 6865837*

*North Tipperary 067 42353*

*Mayo 094 904 2101*

*Sligo 071 913 5071*

*Letterkenny 074 916 8013*

*Donegal, Leitrim 072 52000*

*Roscommon 090 6637549*

#### **HSE Dublin North East**

*Meath, Louth, Cavan*

*Monaghan 046 9076400*

*North County Dublin 01 882 3414*

#### **HSE Dublin Mid Leinster**

*South Dublin City 01 463 2800*

*South County Dublin 01 235 5402*

*Wicklow, Kildare 01 201 4296*

*Longford 1800 242 505*

*Laois, Offaly, Westmeath 057 935 7800*

**Web [www.hse.ie](http://www.hse.ie)**

## I

### **Independent Age Ireland**

*Tel: 051 399 989*

*Web: [www.independent.ie](http://www.independent.ie)*

### **Institute of Public Health**

*Tel: 01 4786300*

*Web: [www.publichealth.ie](http://www.publichealth.ie)*

### **Irish Cancer Society**

*Tel: 1800 200 700*

*Web: [www.cancer.ie](http://www.cancer.ie)*

### **Irish Hard of Hearing**

*Tel: 01 8175700*

*Web: [www.ihha.ie](http://www.ihha.ie)*

### **Irish Heart Foundation**

*Tel: 1890 432 787*

*Web: [www.irishheart.ie](http://www.irishheart.ie)*

### **Irish Hospice Foundation**

*Tel: 01 679 3188*

*Web: [www.hospicefoundation.ie](http://www.hospicefoundation.ie)*

### **Irish Kidney Association**

**Tel: 01 6205306**

*Web: [www.ika.ie](http://www.ika.ie)*

### **Irish Osteoporosis Society**

**Tel: 1890 252 751**

*Web: [www.irishosteoporosis.ie](http://www.irishosteoporosis.ie)*

### **Irish Patients Society**

*Tel: 01 272 2555*

*Web: [www.irishpatients.ie](http://www.irishpatients.ie)*

### **Irish Rural Link**

**Tel: 090 6482744**

*Web: [www.irishrurallink.ie](http://www.irishrurallink.ie)*

### **Irish Senior Citizens Parliament**

*Tel: 01 8561243*

*Web: [www.iscp.wordpress.com](http://www.iscp.wordpress.com)*

### **Irish Wheelchair Association**

*Tel: 01 8186400*

*Web: [www.iwa.ie](http://www.iwa.ie)*

# USEFUL CONTACTS

## M

### Money Advice & Budgeting Service

Tel: 1890 283 438  
Web: [www.mabs.ie](http://www.mabs.ie)

### Mental Health Ireland

Tel: 01 284 1166  
Web: [www.mentalhealthireland.ie](http://www.mentalhealthireland.ie)

### MS Ireland National Office

Tel: 01 6781600  
Web: [www.ms-society.ie](http://www.ms-society.ie)

## N

### National Adult Literacy Agency

Tel: 1800 202065  
Web: [www.nala.ie](http://www.nala.ie)

### National Consumer Agency

Tel: 1890 432432  
Web: [www.consumerconnect.ie](http://www.consumerconnect.ie)

### National Council for the Blind

Tel: 1850 334353  
Web: [www.ncbi.ie](http://www.ncbi.ie)

### Nursing Homes Ireland

Tel: 01 429 2570  
Web: [www.nhi.ie](http://www.nhi.ie)

## P

### Pensions Board

Tel: 1890 656 565  
Web: [www.pensionsboard.ie](http://www.pensionsboard.ie)

### Pensions Ombudsman

Tel: 01 647 1650  
Web: [www.pensionsombudsman.ie](http://www.pensionsombudsman.ie)

## Pobol

Tel: 01 511 7000  
Web: [www.pobal.ie](http://www.pobal.ie)

## S

### Senior Helpline

Tel: 1850 440 444  
Web: [www.thirdageireland.ie](http://www.thirdageireland.ie)

### Sonas aPc

Tel: 01 2608138  
Web: [www.sonasapc.ie](http://www.sonasapc.ie)

### St. Vincent De Paul

Tel: 01 8386990  
Web: [www.svp.ie](http://www.svp.ie)

### Sustainable Energy Ireland

Tel: 1850 955 7766  
Web: [www.seai.ie](http://www.seai.ie)

## T

### The Jack and Jill Children's Foundation

Tel: 045 894538/660  
Web: [www.jackandjill.ie](http://www.jackandjill.ie)

### The Parkinson's Association of Ireland

Tel: 01 8722234  
Web: [www.parkinson.ie](http://www.parkinson.ie)

### Third Age

Tel: 046 9557766  
Web: [www.thirdageireland.ie](http://www.thirdageireland.ie)

### The Samaritans

Tel: 1850 60 90 90  
Web: [www.samaritans.org](http://www.samaritans.org)

## Y

### Young Carers Ireland

Tel: 057 93 70208  
Web: [www.youngcarers.ie](http://www.youngcarers.ie)

